



Meet Your Nutritious Friend:  
Cran "Bogger"

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
				SCHOOLS CLOSED	<b>1</b> <b>What is a Meal?</b> Students must choose at least 3 of the 4 components available for the school breakfast price.  - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk
<b>4</b> Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>5</b> Hot Breakfast Option Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>6</b> Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>7</b> SCHOOLS CLOSED	<b>8</b> SCHOOLS CLOSED	A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.  <b>Whole Grain Cereals</b> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes
<b>11</b> Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>12</b> Hot Breakfast Option Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>13</b> Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>14</b> Hot Breakfast Option Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>15</b> Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white,,fat free chocolate
<b>18</b> Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>19</b> Hot Breakfast Option Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>20</b> Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>21</b> Hot Breakfast Option Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>22</b> Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	
<b>25</b> Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>26</b> Hot Breakfast Option Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>27</b> Variety of Cold Options  Assorted Cereals or Cereal Bar with Graham Crackers	<b>28</b> Happy Thanksgiving 	<b>29</b> THANKSGIVING BREAK  NO SCHOOL	

**Mount Laurel Schools**  
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**Meal Prices**  
Student Breakfast \$1.60  
Reduced Breakfast \$0.00  
Faculty Breakfast \$2.75



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.