MOUNT LAUREL SCHOOL DISTRICT

Secondary Lunch Menu

November 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					What is a Meal?
				SCHOOLS	Students must choose at least 3 of the 5 components available for the school lunch price.
				CLOSED	 Choice of Whole Grain Choice of Protein Choice of Vegetable Choice of Fruit Choice of Milk
					A minimum $\frac{1}{2}$ cup serving of fruit or vegetable must accompany a reimbursable lunch.
4	5	French Toast Sticks 6	7	8	Choice of Vegetable
Pizza Bagels American Hoagie	Burger Bar Buffalo Chicken Wrap	w/syrup Turkey ham & Cheese Sand	SCHOOLS CLOSED	SCHOOLS CLOSED	Hot vegetable, leafy salad, composed bean salad, seasonal
Caesar Salad w/beans	Garden Salad w/egg	Asian Chicken Salad	CLOSED	CLOSED	fresh vegetables
FEATURED VEGGIES Steamed Carrots	FEATURED VEGGIES Fries	FEATURED VEGGIES Steamed Spinach			Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100%
Assorted Cold Veggies	Assorted Cold Veggies	Assorted Cold Veggies			fruit juice
					Choice of Milk
Turkey Hot Dog on a Bur l1	Pasta w/meat sauce & 12 garlic bread	Chicken Patty on a Bun13	Fish Sticks 14	French Bread Cheese 15 Pizza	1% white, fat free chocolate,
Cheese Sandwich	Turkey ham & Cheese	Italian Hoagie	BBQ Chicken Wrap	American Hoagie	
Chef Salad w/egg	Sand Santa Fe Chicken Salad	Tuna w/tomato Salad	Kale Salad	Hummus & Veg w/pita	Daily Alternates
FEATURED VEGGIES Baked Beans	FEATURED VEGGIES Mixed Vegetables	FEATURED VEGGIES Tater Tots	FEATURED VEGGIES Steamed Corn	FEATURED VEGGIES Steamed Peas	Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps
Assorted Cold Veggies	Assorted Cold Veggies	Diced Tomato & Cucumber	Assorted Cold Veggies	Assorted Cold Veggies	
10	19	20	FARLY DISMISSAL 21	EARLY DIGMISSAL 22	
Waffle w/egg patty & 18 syrup	Walking Taco	Chicken Nuggets w/roll	EARLY DISMISSAL	EARLY DISMISSAL	
Turkey & Cheese	Asian Chicken Wrap	Cheese Sandwich	NO LUNCH SERVED	NO LUNCH SERVED	
Sandwich Chicken Caesar Salad	Spinach Salad w/egg	Taco Salad	GERVES	GERVES	
FEATURED VEGGIES Steamed Carrots Assorted Cold Veggies	FEATURED VEGGIES Steamed Corn Assorted Cold Veggies	FEATURED VEGGIES Steamed Broccoli Assorted Cold Veggies			
EARLY DISMISSAL 25	EARLY DISMISSAL 26	EARLY DISMISSAL 27	28	29	
NO LUNCH	NO LUNCH	NO LUNCH		THANKSGIVING BREAK	
SERVED	SERVED	SERVED	TIVE	NO SCHOOL	
			**		
Mount Laurel Schools Laura D'Aiuto, Food Service Director 856.234.1610 ext. 22014 ma1551@metzcorp.com			Meal Prices Student Breakfast Reduced Breakfast	\$2.95 \$0.00	NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz

