





Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
			1 Walking Tacos Turkey ham & Cheese Sand. Tuna Salad w/tomato FEATURED VEGGIES French Fries Variety of Cold Veggies	2 Personal Cheese Pizza BBQ Chicken Wrap Spinach Salad w/egg FEATURED VEGGIES Steamed Green Beans Variety of Cold Veggies	What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free chocolate, Daily Alternates Fresh Entree Salad of the Week Weekly Cold Cut Sandwiches or Wraps
5 Turkey Hot Dog on a Bun Cheese Sandwich Spring Mix w/egg FEATURED VEGGIES Baked Beans Variety of Cold Veggies	6 Pasta w/meat sauce & roll Buffalo Chicken Wrap Caesar Salad w/beans FEATURED VEGGIES Steamed Peas Variety of Cold Veggies	7 Meatballs w/roll Asian Chicken Wrap Kale Salad FEATURED VEGGIES Steamed Mixed Vegetables Variety of Cold Veggies	8 Popcorn Chicken Bowl American Hoagie Chef Salad w/egg FEATURED VEGGIES Steamed Corn Variety of Cold Veggies	9 Personal Cheese Pizza Turkey & Cheese Sandwich Asian Chicken Salad FEATURED VEGGIES Steamed Carrots Variety of Cold Veggies	
12 Mini Turkey Corn Dogs Turkey ham & Cheese Sand. Spring Mix w/cheese FEATURED VEGGIES Steamed Green Beans Variety of Cold Veggies	13 Soft Shell Taco Italian Hoagie Sandwich Hummus & Veg w/pita FEATURED VEGGIES Steamed Corn Variety of Cold Veggies	14 Pancakes w/egg patty & syrup Chicken Caesar Wrap Taco Salad FEATURED VEGGIES Steamed Spinach Variety of Cold Veggies	15 Chicken Patty on a Bun Veggie Wrap Tuna Salad w/tomato FEATURED VEGGIES Steamed Broccoli Variety of Cold Veggies	16 Personal Cheese Pizza Turkey & Cheese Sandwich Chef Salad w/egg FEATURED VEGGIES Tater Tots Variety of Cold Veggies	
19 Dinosaur Nuggets w/roll Turkey Bacon Wrap Spring Mix w/egg FEATURED VEGGIES Scalloped Potatoes Variety of Cold Veggies	20 Chicken & Cheese Quesadilla Cheese Sandwich Chicken Caesar Salad FEATURED VEGGIES Steamed Green Beans Variety of Cold Veggies	21 Burger on a Bun American Hoagie Santa Fe Chicken Salad FEATURED VEGGIES French Fries Variety of Cold Veggies	22 Waffles w/turkey sausage patty & syrup Turkey & Cheese Sandwich Spinach Salad w/egg FEATURED VEGGIES Steamed Peas Variety of Cold Veggies	23 Personal Cheese Pizza Asian Chicken Wrap Spinach Salad w/egg FEATURED VEGGIES Steamed Corn Variety of Cold Veggies	
 MEMORIAL DAY ★ ★ ★ REMEMBER & HONOR	27 Pizza Bagels Turkey ham & Cheese Sand. Caesar Salad w/beans FEATURED VEGGIES Steamed Carrots Variety of Cold Veggies	28 Sloppy Joe on a Bun Cheese Sandwich Hummus & Veg w/pita FEATURED VEGGIES French Fries Variety of Cold Veggies	29 Baked Chicken Turkey Bacon Wrap Tuna Salad w/tomato FEATURED VEGGIES Sweet Potatoes Variety of Cold Veggies	30 Personal Cheese Pizza Buffalo Chicken Wrap Spring Mix w/cheese FEATURED VEGGIES Steamed Corn Variety of Cold Veggies	
Mount Laurel School District Team Laura D'Aiuto, Food Service Director 856.234.1610 ext. 22014 ma1551@metzcorp.com			Meal Prices Student Lunch \$2.95 Reduced Lunch \$0.00 Faculty Lunch \$3.85		 NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz