



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Chicken Patty on a Bun Cheese Sandwich Chef Salad w/egg FEATURED VEGGIES Tater Tots Variety of Cold Veggies	4 Walking Tacos Turkey ham & Cheese Sand Taco Salad FEATURED VEGGIES Steamed Corn Variety of Cold Veggies	5 EARLY DISMISSAL NO LUNCH SERVED TODAY	6 EARLY DISMISSAL NO LUNCH SERVED TODAY	7 Personal Cheese Pizza BBQ Chicken Wrap Spring Mix w/cheese FEATURED VEGGIES French Fries Variety of Cold Veggies	What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad,, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free chocolate, Daily Alternates Fresh Entree Salad of the Week Weekly Cold Cut Sandwiches or Wraps
10 Turkey Hot Dog On A Bun Asian Chicken Wrap Caesar Salad w/beans FEATURED VEGGIES Baked Beans Variety of Cold Veggies	11 Turkey Corn Dogs Turkey & Cheese Sand. Asian Chicken Salad FEATURED VEGGIES Steamed Carrots Variety of Cold Veggies	12 Burger on a Bun Cheese Sandwich Spring Mix w/Egg FEATURED VEGGIES Steamed Green Beans Variety of Cold Veggies	13 Pulled Pork Nachos Veggie Wrap Santa Fe Salad FEATURED VEGGIES Steamed Broccoli Variety of Cold Veggies	14 Personal Cheese Pizza American Hoagie Sandwich Chicken Caesar Salad FEATURED VEGGIES Steamed Mixed Veggies Variety of Cold Veggies	
17 Baked Chicken w/roll Italian Hoagie Chef Salad w/egg FEATURED VEGGIES Mashed Potatoes Variety of Cold Veggies	18 Totcho Casserole Cheese Sandwich Hummus & Veggie w/pita FEATURED VEGGIES Steamed Corn Variety of Cold Veggies	19 Personal Cheese Pizza Turkey ham & Cheese Sand. Spring Mix w/cheese FEATURED VEGGIES Steamed Carrots Variety of Cold Veggies	20 French Toast Sticks w/turkey sausage patty Italian hoagie Caesar Salad w/beans FEATURED VEGGIES Steamed Green Beans Variety of Cold Veggies	21 STAFF IN SERVICE NO SCHOOL FOR STUDENTS	
24 Chicken & Cheese Quesadilla Cheese Sandwich Spring Mix w/egg FEATURED VEGGIES Steamed Mixed Vegetables Variety of Cold Veggies	25 BBQ Pulled Pork Sand Turkey ham & Cheese Sand Asian Chicken Salad FEATURED VEGGIES Steamed Broccoli Variety of Cold Veggies	26 Dinosaur Nuggets w/roll Buffalo Chicken Wrap Chicken Caesar Salad FEATURED VEGGIES Steamed Peas Variety of Cold Veggies	27 Meatballs w/roll American Hoagie Chef Salad w/egg FEATURED VEGGIES French Fries Variety of Cold Veggies	28 Personal Cheese Pizza BBQ Chicken Wrap Santa Fe Chicken Salad FEATURED VEGGIES Steamed Spinach Variety of Cold Veggies	
31 NO SCHOOL FOR STUDENTS OR STAFF					
Mount Laurel Team; Laura D'Aiuto, Food Service Director 856.234.1610 ext. 22014 ma1551@metzcorp.com			Meal Prices Student Lunch \$2.85 Reduced Lunch \$0.00 Faculty Lunch \$3.85		