

Welcome Back to School!

MOUNT LAUREL SCHOOL DISTRICT

Nutri-Serve is excited to welcome you back into the cafeteria! School meals are important to fuel minds and bodies, and we strive to offer student favorites that are both delicious and nutritious.

WHY CHOOSE SCHOOL MEALS?

School meals include nutritious foods including fruits, vegetables, lean proteins, milk, and whole grains. Consistent exposure to a wide variety of foods not only encourages students to try something new, but also helps build lifelong healthy habits and a positive relationship with food. School meals are also a great value. Each lunch meal comes with a **PROTEIN**, **GRAIN**, **FRUIT**, **VEGETABLE**, & **MILK**. Breakfast comes with a **GRAIN**, **PROTEIN/GRAIN**, **FRUIT**, & **MILK**. Students must take at least 1 serving of fruit or vegetable, but can select up to 2 servings. Where else can you find that kind of deal?

WHERE CAN I FIND THE MENUS?

Starting this school year, monthly menus will be posted online through SchoolCafe. Click on the link to view menus. SchoolCafé - School Menus (schoolcafe.com). While we try our best to follow the posted menu, ongoing supply chain issues necessitate substitutions at times. Please contact us if you have questions or concerns about menu changes or product substitutions. We appreciate your patience, understanding, and flexibility as we work to provide nutritious school meals in this challenging and changing environment.

FREE AND REDUCED MEAL APPLICATIONS

This year the State requires that all families complete an application for Free and Reduced Price School Meals or Check the Box that they do not want to apply. You can find the Application at District Documents - <https://www.mtlaurelschools.org>

WHAT IF MY STUDENT HAS A FOOD ALLERGY OR OTHER SPECIAL DIETARY NEED?

We take food allergies and other special dietary needs very seriously, we work with you and the school nurse to provide a safe meal to your student. If your student has a food allergy or other dietary need, please let your school nurse know prior to the start of the school year so that an appropriate plan can be put in place. If your student is diagnosed with a new food allergy or dietary need, please provide an update to the school nurse and food service director listed below.

MEAL PRICING

Breakfast

Regular: \$1.70 (K-4), \$1.80 (5-8)

Free & Reduced: \$0.00

Lunch

Regular: \$2.95 (K-4), \$3.05 (5-8)

Free & Reduced: \$0.00

a la carte & snack options also available

For your convenience, online prepayments are possible using the site www.schoolpaymentportal.com with your child's student ID. Cash or a check can also be applied to your child's account by any cashier.

Wishing you a happy and healthy school year!

Have questions, or just want to say hi? Contact us!

Laura D'Aiuto, Food Service Director

Mount Laurel School District

