



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p><b>3</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>4</b></p> <p>Hot Breakfast Item Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>5</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>6</b></p> <p>Hot Breakfast Item Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>7</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>What is a Meal?</b> Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p><b>Whole Grain Cereals</b> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free white chocolate,</p>
<p><b>10</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>11</b></p> <p>Hot Breakfast Item Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>12</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>13</b></p> <p>Hot Breakfast Item Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>14</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	
<p><b>17</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>18</b></p> <p>Hot Breakfast Item Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>19</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>20</b></p> <p>Hot Breakfast Item Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>21</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	
<p><b>24</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>25</b></p> <p>Hot Breakfast Item Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>26</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>27</b></p> <p>Hot Breakfast Item Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p><b>28</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	
<p><b>31</b></p> <p>Variety of Cold Options</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>					
<p><b>Mount Laurel School District Team</b> Laura D’Aiuto, Food Service Director 856.234.1610 ext. 22014 <a href="mailto:ma1551@metzcorp.com">ma1551@metzcorp.com</a></p>			<p><b>Meal Prices</b> Student Breakfast \$1.60 Reduced Breakfast \$0.00 Faculty Breakfast \$2.80</p>		