

Supporting Transitions

Mount Laurel Preschool Program 2024-2025

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welcome to
PRESCHOOL!

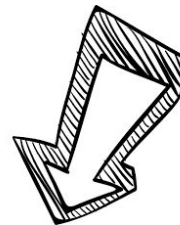
Quick Reads to Prepare for the Transition

13 Tips for Starting Preschool

“Is your child entering a preschool program for the first time? Use these tips to help both you and your child make a smooth transition.” Diane Tunis, Rhonda Kleiner, and Fredda Band Loewenstein



Click here!



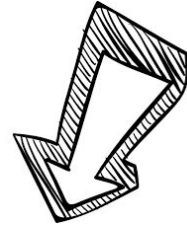
<https://www.naeyc.org/our-work/families/13-tips-starting-preschool>

Readiness: Not a State of Knowledge but a State of Mind

“Research shows that the best thing we can do to get children ready for school is to form and keep positive relationships with them. Children who are securely attached to their family members accept themselves as worthy individuals. With ongoing family support, they can handle the frustrations, embarrassments, pressures, and successes that come their way. Securely attached children are better able to make friends, work with others, solve problems creatively, learn, and succeed. The best predictor of children's success in school and life is a brain that develops in healthy ways, as a result of their attachments with their family, and especially their parents.” - Dr. Dan Gartrell



Click here!

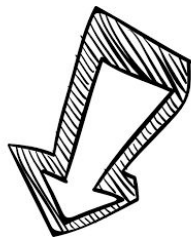


<https://www.naeyc.org/our-work/families/readiness-not-state-knowledge-state-mind>

11 Ways to Help Children Say Goodbye

“Young children need support as they say goodbye to parents and family and start their day at child care. Use these tips to help your child transition into the classroom.” - Julia Luckenbill

Click here!

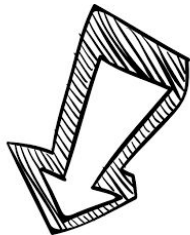


<https://www.naeyc.org/our-work/families/help-children-say-goodbye>

School Involvement that Counts

“A Child’s greatest support is often found in their family. Yet finding the time and knowing how to participate in a child’s education is frequently a challenge for busy parents. Researchers in the area of family–school engagement have found that there are attitudes and actions parents can take to have a meaningful impact on their child’s school success. The good news is that the kinds of involvement that count don’t depend on parents being available during school hours. The kinds of involvement that make a difference in children’s learning and academic success are doable for all families. Below we share some attitudes and actions that all families can embrace to enhance their child’s learning.” - Karen and Tom Buchanan

Click here!

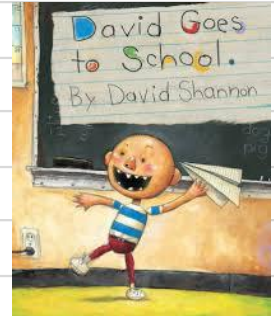
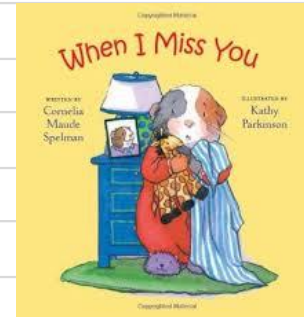
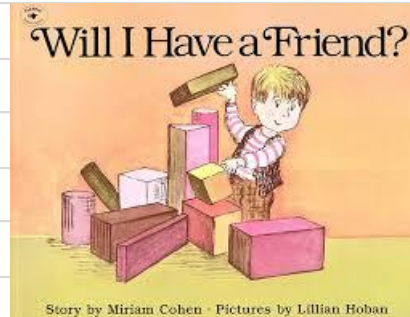
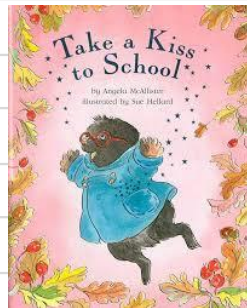
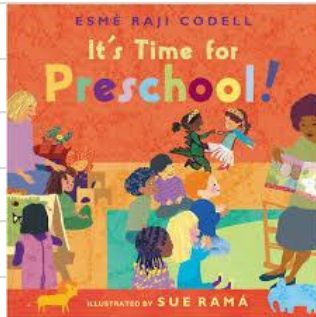


<https://www.naeyc.org/our-work/families/school-involvement-that-counts>

Books to Prepare Children for Going to Preschool

Read Books About Going to School & Saying Goodbye:

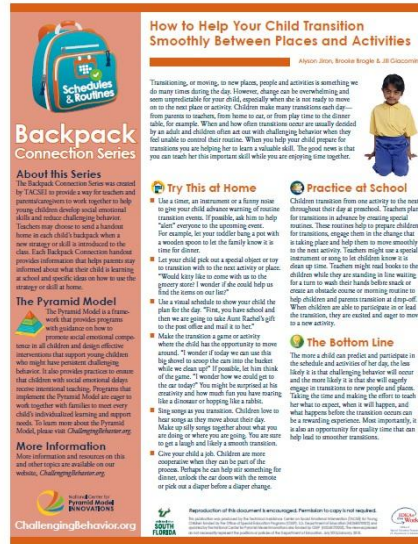
- The Kissing Hand by Audrey Penn
- David Goes to School by David Shannon
- Will I Have a Friend? by Miriam Cohen
- First Day of School by Anne Rockwell
- When I Miss You by Cornelia Maude Spelman
- Take a Kiss to School by Angela McAllister
- It's Time for Preschool by Esme Raj Codell
- A Pocketful of Kisses by Audrey Penn



Backpack Connection Series

**(Resources for Supporting
Transitions & Routines)**

Supporting Transitions



“Transitioning, or moving, to new places, people and activities is something we do many times during the day.”

However, change can be overwhelming and seem unpredictable for your child, especially when she is not ready to move on to the next place or activity. Children make many transitions each day.

When you help your child prepare for transitions you are helping them to learn a valuable skill. The good news is that you can teach them this important skill while you are enjoying time together.”

How to Help Your Child Transition Smoothly Between Place and Activity

https://challengingbehavior.org/docs/backpack/BackpackConnection_routines_transitions.pdf

How to Plan Activities to Reduce Challenging Behavior

Brooke Hoyle, Abigail Allen, & Jacquelynne

We know that it takes more than one strategy to fix a problem. We need a variety of strategies to help a child with challenging behavior. We need to use a variety of strategies to help a child with challenging behavior. We need to use a variety of strategies to help a child with challenging behavior.

Schedules & Routines

Children thrive on consistency, hence the "no bedtime for Robert" that we saw in the previous article. When a child's schedule is inconsistent, it can lead to challenging behavior. A consistent schedule can help a child with challenging behavior. A consistent schedule can help a child with challenging behavior. A consistent schedule can help a child with challenging behavior.

Backpack Connection Series

About This Series

The Backpack Connection Series is a series of articles that are designed to help parents and teachers to work together to help children with challenging behavior. The series includes articles on social emotions and reducing challenge in the classroom. The series includes articles on social emotions and reducing challenge in the classroom. The series includes articles on social emotions and reducing challenge in the classroom.

Try This at Home

The first article in the series is "Try This at Home". This article is designed to help parents and teachers to work together to help children with challenging behavior. The article includes a variety of strategies that can be used to help a child with challenging behavior. The article includes a variety of strategies that can be used to help a child with challenging behavior. The article includes a variety of strategies that can be used to help a child with challenging behavior.

The Bottom Line

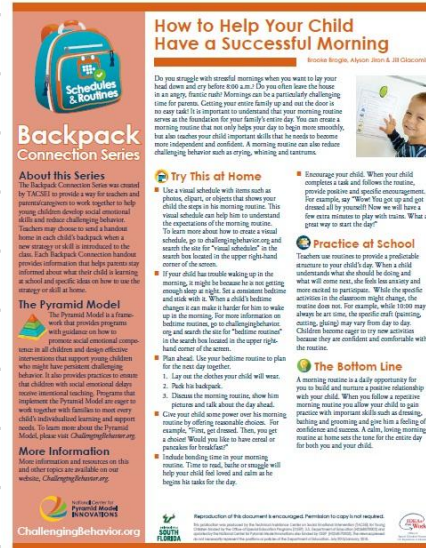
One of the best ways to help a child with challenging behavior is to use a variety of strategies. This includes using a variety of strategies to help a child with challenging behavior. This includes using a variety of strategies to help a child with challenging behavior. This includes using a variety of strategies to help a child with challenging behavior.

ChallengingBehavior.org

https://challengingbehavior.org/docs/backpack/BackpackConnection_routes_plan-activities.pdf

You can plan activities to teach your child important skills and prepare your child for new events in their life.”

Supporting Routines



"Do you struggle with stressful mornings when you want to lay your head down and cry before 8:00 a.m.? Do you often leave the house in an angry, frantic rush? Mornings can be a particularly challenging time for parents.

Getting your entire family up and out the door is no easy task! It is important to understand that your morning routine serves as the foundation for your family's entire day.

You can create a morning routine that not only helps your day to begin more smoothly, but also teaches your child important skills that he needs to become more independent and confident. A morning routine can also reduce challenging behavior such as crying, whining and tantrums."

How to Help Your Child Have a Successful Morning

https://challengingbehavior.org/docs/backpack/BackpackConnection_routines_morning.pdf

Supporting Routines

How to Help Your Child Have a Successful Bedtime
Alyson Olson, Brooke Huguen & Jill Glazewski

Backpack Connection Series

About this Series
The Backpack Connection Series was created by NAEYC to provide a way for teachers and parent/caregivers to work together to help young children develop social-emotional skills and address challenging behavior. Teachers may choose to send a handbook home to each child's backpack when a new strategy or skill is introduced to the class. Each Backpack Connection booklet provides information that helps parents stay informed about what their child is learning at school and specific ideas on how to use the strategy or skill at home.

The Pyramid Model
The Pyramid Model is a framework that provides programs with guidance on how to promote social-emotional competence in all children and develop effective interventions that support young children who might have persistent challenging behavior. It also provides practice to ensure that children with social-emotional delays receive individualized support. Strategies that implement the Pyramid Model are easy to work together with families to meet every child's individualized learning and support needs. To learn more about the Pyramid Model, please visit ChallengingBehavior.org.

More Information
More information and resources on this and other topics are available on our website, ChallengingBehavior.org.

Florida Department of Education
FLORIDA

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How to Help Your Child Have a Successful Bedtime

“Infants and young children need 10 to 12 hours of sleep daily in order to support healthy development. Parents also need to feel rested in order to be nurturing and responsive to their growing and active young children.

When your child does not get enough sleep, challenging behaviors are likely to occur.. Lack of sleep can also have a negative impact on your child's ability to learn.

When a young child sleeps, their body is busy developing new brain cells that she needs for their physical, mental and emotional development.

Babies and young children thrive on predictability and learn from repetition. It is important to establish a bedtime routine that you and your child both understand and helps everyone to feel calm and relaxed.”


https://challengingbehavior.org/docs/backpack/BackpackConnection_routines_bedtime.pdf

Helpful Skills to Practice for Preschool



Preschool Prep Checklist

Things to Practice this Summer:

- ☐ Open Snack and Lunch Packages
 - ☐ Dressing/Undressing for bathroom
 - ☐ Potty training (not required)
 - ☐ Put Coat On
 - ☐ Zip/Unzip jacket or backpack
 - ☐ Work on shoes
 - ☐ Practice quiet rest time for kids
who don't nap
- 

Supplies List for Preschool

MT. LAUREL PRESCHOOL PROGRAM

School Supplies List ✨

*Make sure to label items with your child's name

☐ Full Size
Backpack

☐ Extra set of clothes

☐ Spill-proof
water bottle

☐ Extra underwear

☐ Crib Sheet or
Nap Mat for
Cots

☐ Extra Socks and
Shoes

☐ Comfort item (e.g.
stuffed animal)

☐ Pull
Ups/Diapers/Wipes
if Applicable

☐ Family photograph



Health Requirement for Preschool



MOUNT LAUREL PRESCHOOL PROGRAM

Health Requirements for Preschool

Prior to entering Preschool, all students must have the following:

Diphtheria, tetanus & acellular pertussis (DTaP)	Four doses
Inactivated Poliovirus (Polio)	Three doses
Measles, mumps, rubella (MMR)	One dose of MMR (Measles/Mumps/Rubella) on or after your child's first birthday.
Haemophilus influenzae type B (HIB)	At least one dose on or after your child's first birthday.
Pneumococcal conjugate (PCV 13)	At least one dose on or after your child's first birthday.
Varicella	One dose on or after your child's first birthday.
Influenza/Flu	One dose of the current seasonal influenza vaccine is required every year by December 31st for children under 59 months of age. Children who have not received the flu vaccine by December 31 must be excluded (not allowed to attend child care/preschool) for the duration of influenza season (through March 31), until they receive at least one dose of the influenza vaccine or until they turn 60 months of age.
Physical Exam	<p>Prior to entering preschool, a current physical exam (no older than 365 days before the start of Preschool) completed by your child's physician is required.</p> <p><i>**If your child has a chronic health condition such as Asthma, Diabetes, Seizure disorder, or Food allergies, an emergency action plan completed by the physician and rescue medication must be provided to your child's school upon entrance.**</i></p>

Preschool Orientation Presentation

**For Additional Information, Access the
Orientation Presentation on Our Website!**



<https://www.mtlaurelschools.org/Preschooldraft.aspx>

Helpful Links

See our Website & Frequently Asked Questions or Email Us!

<https://www.mtlaurelschools.org/Preschooldraft.aspx>

Email Us: mtlpreschool@mtlaurelschools.org





Mount Laurel Preschool Program

SCAN HERE

Community Activities & Opportunities

SCAN ME



Sports, Music, Art, Recreation & More!



[https://www.mtlaurelschools.org/
Preschooldraft.aspx](https://www.mtlaurelschools.org/Preschooldraft.aspx)

Community Activities & Opportunities for Preschoolers

https://docs.google.com/presentation/d/11RnADEIbq77-ghDG2JlwL8er_SaIL2SO_WtIIS9H5lw/edit?usp=sharing



Mount Laurel Preschool Program

SCAN HERE

Community Resource Guide



Burlington County Agencies, Housing, Food,
Clothing, Childcare, Healthcare, Helplines,
Search Engines & More!



[https://www.mtlaurelschools.org/
Preschooldraft.aspx](https://www.mtlaurelschools.org/Preschooldraft.aspx)

Community Resource Guide

https://docs.google.com/presentation/d/1_2QNvoro7DAVkyHRD2a4StqpGpKuhg6lpe4l03Kzxw/edit?usp=sharing



Thank you!

Have a great summer!

**We look forward to seeing you in
September!**

