


Mount Laurel School District
Hartford & Thomas Harrington School Lunch Menu

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
3 Chicken Patty on a Bun Cheese Sandwich Chef Salad w/egg FEATURED VEGGIES Tater Tots Variety of Cold Veggies	4 Walking Tacos Turkey ham & cheese Sand. Taco Salad FEATURED VEGGIES Steamed Corn Variety of Cold Veggies	5 EARLY DISMISSAL NO LUNCH SERVED	6 EARLY DISMISSAL NO LUNCH SERVED	7 French Bread Cheese Pizza BBQ Chicken Wrap Spring Mix w/cheese FEATURED VEGGIES French Fries Variety of Cold Veggies	
Werkz: Shawarma! Choice of beef kofta meatballs, chicken shawarma, or falafel (V) over lemon-scented rice or pita. Choice of feta, pickled onions, diced tomato and cucumber, black olives, romaine, tzatziki sauce, or spicy harissa sauce.					
10 Turkey Hot Dog on a Bun Asian Chicken Wrap Caesar Salad w/beans FEATURED VEGGIES Baked Beans Variety of Cold Veggies	11 Buffalo Chicken Dip Turkey & Cheese Sandwich Asian Chicken Salad FEATURED VEGGIES Steamed Carrots Variety of Cold Veggies	12 Burger Bar Cheese Sandwich Spring Mix w/egg FEATURED VEGGIES Steamed Green Beans Variety of Cold Veggies	13 Pulled Pork Nachos Veggie Wrap Santa Fe Salad FEATURED VEGGIES Steamed Broccoli Variety of Cold Veggies	14 French Bread Cheese Pizza American Hoagie Sandwich Chicken Caesar Salad FEATURED VEGGIES Steamed Mixed Veggies Variety of Cold Veggies	Choice of Vegetable Hot vegetable, leafy salad, salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free, chocolate,
Werkz: Pasta! Choice of two daily pasta, alternating daily sauces, fresh baked breads, fresh bruschetta, and herbed parmesan cheese. Customizable for (V)					Daily Alternates Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps
17 Breaded Chicken w/roll Italian Hoagie Chef Salad w/egg FEATURED VEGGIES Mashed Potatoes Variety of Cold Veggies	18 Totcho Casserole Cheese Sandwich Hummus & Veggies w/pita FEATURED VEGGIES Steamed Corn Variety of Cold Veggies	19 French Bread Cheese Pizza Turkey ham & Cheese Sandwich Spring Mix w/cheese FEATURED VEGGIES Steamed Carrots Variety of Cold Veggies	20 French Toast Sticks w/turkey sausage patty Italian Hoagie Caesar Salad w/beans FEATURED VEGGIES Steamed Green Beans Variety of Cold Veggies	21 STAFF IN SERVICE NO SCHOOL FOR STUDENTS	
Werkz: Poblano's Mex-American! Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)					
24 Chicken & Cheese Quesadilla Cheese Sandwich Spring Mix w/egg FEATURED VEGGIES Steamed Mixed Veggies Variety of Cold Veggies	25 BBQ Pulled Pork Sandwich Turkey Ham & Cheese Sandwich Hummus & Veggie w/Pita FEATURED VEGGIES Steamed Broccoli Variety of Cold Veggies	26 Chicken Nuggets w/roll Buffalo Chicken Wrap Chicken Caesar Salad FEATURED VEGGIES Steamed Peas Variety of Cold Veggies	27 Meatballs Sub Sandwich American Hoagie Chef Salad w/egg FEATURED VEGGIES French Fries Variety of Cold Veggies	28 French Bread Cheese Pizza BBQ Chicken Wrap Santa Fe Chicken Salad FEATURED VEGGIES Steamed Spinach Variety of Cold Veggies	
Werkz: Poblano's Mex-American! Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)					
31 NO SCHOOL FOR STUDENTS OR STAFF					
Mount Laurel School District Team Laura D'Aiuto, Food Service Director 856.234.1610 ext. 22014 ma1551@metzcorp.com			Meal Prices Student Lunch \$2.95 Reduced Lunch \$0.00 Faculty Lunch \$3.95		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

